



Yarn:

50g (205m) Kinross 4ply in each of two contrasting colours - Colour A and Colour B. For a longer cowl use 2 hanks of each colour. Shorter sample is shown in Scots Pine (Colour A) and Lichen (Colour B), the longer version is in Thistle (Colour A) and Thrift (Colour B).

Needles and notions:

3mm circular or DPNs Stitch marker Darning needle

Size: 16cm/6.25" width, 60cm/24" circumference for shorter cowl, 120cm/48" for longer cowl **Tension**: 34 sts per 10cm over stranded stocking stitch after blocking.

This simple cowl is knitted as a tube then seamed or grafted to form a cosy, double-thickness loop. It is easy to extend to a longer cowl that can be looped double, but with the double-thickness it is already cosy as just as single loop. The pattern is inspired by curtain material found in the Aberdeen Beach Ballroom.

You can either cast on with a provisional cast on of your choice and then graft the stitches at the end, or you can cast on normally, cast off and seam. It's entirely up to you. Grafting will result in a neater join, although there will be a line of solid colour unless you graft with both colours. If you find the provisional cast on fiddly then the seam is an easier option.

With Colour A cast on 112 stitches. Join in the round without twisting the stitches. Knit one round with Colour A then join in Colour B and work from the chart. The chart is worked 7 times around on each row. Read the chart from right to left and bottom to top.

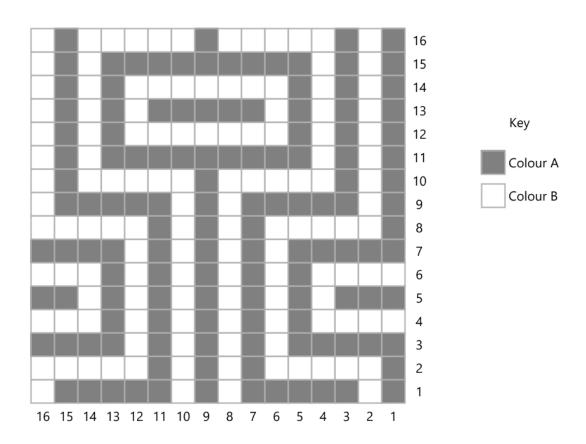
Work rows 1-16 of the chart 12 (24 for a longer cowl) times, or until cowl is desired length.

Finish after row 16 to keep continuity of pattern. If you have done a provisional cast on then unpick this and place the cast on stitches on a separate needle and graft the cast on stitches to the cast off stitches.

If you have cast on normally then knit one round with Colour A and cast off. Then seam the ends together using mattress stitch.

Weave ends to the inside of the tube.

Wash the cowl in hot water with a wool detergent. Leave to soak for at least 10 minutes, press between a towel to remove the excess water then allow to dry. This stage will greatly improve the softness of the yarn.





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