



Cabled Mittens

WCY-134



Yarn:

1 x 50g hank Kinross 4ply - 205m of fingering weight yarn.

Needles and notions:

3.25mm long circular needles or DPNs

Stitch marker

Darning needle

Cable needle

Size: To fit Adult - length adjustable

Tension: 28 sts per 10cm in stocking stitch

Simple 4 stitch cables grow out of the ribbing and twist their way up the hand. The two mittens are identical apart from the direction of the cables. Instructions for the fingerless version can be found at the end of the pattern.

Cast on Left Mitt:

Using your preferred method, cast on 54 sts. PM and join in round, being careful not to twist the stitches.

Rib round: (K2, P2) x6, K4, P2, (K2, P2) x6

Repeat this round 10 times.

Cable round: (K2, P2) x6, C4B, P2, (K2, P2) x6

[Work the rib round another 6 times then repeat the cable round again] twice - if you prefer a longer cuff then you can work more cable repeats here.

Then work the rib round a further 5 times.

Next round: (C3F, C3B, P2)x3, K4, P2, (C3F, C3B, P2) x3

Next round: (P1, C4B, P3) x3, C4B, P3, (C4B, P4) x2, C4B, P3

Start gusset increases:

1: P1, (K4, P4)x2, K4, P2, PM, M1P, P1, K4, P1, M1P, PM, P2, (K4, P4)x2, K4, P3 (56 sts)

2: Work straight in pattern (knit the knits and purl the purls)

3: Work in pattern to first marker, SM, M1P, work in pattern to next marker, M1P, SM, work in pattern to end of round. (58 sts)

Repeat rounds 2 and 3 a further 6 times, putting in a cable round on the 7th and 14th rounds as follows.

4: as round 2

5: increase as round 3 (60 sts)

6: as round 2

7: P1, (C4B, P4)x2, C4B, P to marker, SM, M1P, P4, C4B, P4, M1P, SM, P2, (C4B, P4)x2, C4B, P3 (62 sts)

8: as round 2

9: increase as round 3 (64 sts)

10: as round 2

11: increase as round 3 (66 sts)

12: as round 2

13: increase as round 3 (68 sts)

14: P1, (C4B, P4)x2, C4B, P to marker, SM,

P8, C4B, P8, SM, P2, (C4B, P4)x2, C4B, P3
15 - 18: as round 2

19: place thumb sts on holder as follows:
P1, (K4, P4) x3 (remove marker as you pass it), place next 16 sts on holder or spare thread, Cast on 4 sts over gap, (P4, K4) x3, P3 (56 sts)

**Work straight in cable pattern (cable on round 21 then six rounds plain between cables) until work measures 3"/7.5cm from cast on thumb stitches, or until 1"/2.5cm short of desired length. Finish on the first plain round after a cable.

Decrease for top of mitten:

Remove start of round marker, P1, replace start of round marker.

1: (K4, P2tog, P2) x7 (49 sts)

2-4: (K4, P3) x7

5: (K4, P2tog, P1) x7 (42 sts)

6: (C4B, P2) x7

7: (K4, P2) x7

8: (K4, P2tog) x7 (35 sts)

9: (K4, P1) x7

10: (K3, K2tog) x7 (28 sts)

11: (K2, K2tog) x7 (21 sts)

12: (K1, K2tog) x7 (14 sts)

Graft top of mitten:

Place the first 7 sts on one needle and the last 7 sts on another (if you are using magic loop the stitches should already be like this). Using kitchener stitch, graft the 7 sts on either side together.

Thumb:

Transfer the 16 held stitches onto needles. Rejoin yarn, P6, K4, P6, pick up and K 4 from cast on sts across gap. PM for start of round. 20sts.

1: P6, K4, P6, K4

2: P6, C4B, P6, C4B

***3-8: as round 1

9: as round 2

10-14 as round 1

Decrease for top of thumb:

- 1: (P2tog, P2, P2tog, K4) x2 16 sts
- 2: (P4, C4B) x2
- 3: (P2togx2, K4) x2 12sts
- 4: (P2tog, K4) x2 10sts
- 5: (K2tog, K3) x2 8sts

Arrange the stitches on two needles so that the four sts of each cable are opposite each other. Using Kitchener st as with top of mitten graft these 8 sts.

Weave in ends and wash.

Right Mitt:

Repeat as for left mitt but change C4B in each instance to C4F. The cables to be replaced have been put in bold to remind you. C3F and C3B remain the same. Weave in ends and wash.

Abbreviations:

K - Knit

P - Purl

Sts - Stitches

PM - Place marker

C4B - Cable four back, slip next 2 sts onto cable needle and hold to back of work. K2 from left hand needle then K2 from cable needle.

C4F - Cable four front, slip next 2 sts onto cable needle and hold to front of work. K2 from left hand needle then K2 from cable needle.

C3F - Cable three front, slip next 2 sts onto

Fingerless Version:

Work as mitten until ** then proceed as follows:

Work straight in cable pattern for 3 more repeats (1st cable round is round 21), finishing after the third cable round.

Next round: (C3B, C3F, P2) x7

Next round: (K2, P2) x14

Repeat this round 8 times then cast off in rib.

Thumb - work as mitten thumb until *** then proceed as follows:

3: P5, C3B, C3F, P4, C3B, C3F (this last C3F will be across the start of the round)

4: P3, K2, P2, C3F, P2, K2, P3, C3F

5: (K2, P3) x4

Repeat round 5 a further 5 times then cast off in rib.

Repeat the second fingerless mitt as first with C4F instead of C4B.

Weave in ends and wash.

cable needle and hold to front of work. P1 st from left hand needle then K2 from cable needle.

C3B - Cable three back, slip next st onto cable needle and hold to back of work. K2 from left hand needle then P1 from cable needle.

M1P - make 1 purlwise. Lift the bar between the next and previous st and purl into the back of it.

SM - slip marker

P2tog - purl two together

K2tog - Knit two stitches together



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